

OCTOBER 2024

No Program October 14th - Thanksgiving

	Monday	Tuesday	Wednesday	Thursday
Indoor Programs	<p>Little Builder 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p>	<p>Learn and Play 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered</p>		<p>Learn and Play 9:30-11:30 AM Aldergrove Public School Birth-6 years unregistered Closed October 24 for workshop</p> <p>York Region Public Health Nutrition Workshop: Feeding Young Children 10:00-11:30 AM October 24, 2024 12 months-3 years Pre-registration required</p>
Outdoor Programs			<p>Fall Walk 9:30-11:00 AM Denison Park Birth-6 years unregistered</p>	
Virtual Programs		<p>#Circletime 12:30PM Facebook Live Birth-6 years unregistered</p>	<p>#Storytelling 12:30PM Facebook Live Birth-6 years unregistered</p>	

Program Descriptions

Little Builder- Little Builder is an engaging indoor drop-in program designed for children aged 0 to 6 years, offering a stimulating environment where young minds can explore, create, and learn through hands-on activities. This program encourages imaginative play and early development skills by providing a variety of age-appropriate building materials and interactive stations. Each session fosters creativity, fine motor skills, and social interaction in a safe and supportive setting. Whether constructing towering structures with soft blocks, boxes or experimenting with simple mechanical toys, children are free to explore at their own pace.

Learn and Play- This indoor program follows a developmental approach aimed at fostering the cognitive, emotional, social, and physical growth of children from birth to six years old through interactive and enjoyable activities. The focus is to provide learning through free play and build positive relationship amongst families.

#Storytelling - Snuggle up in a cozy spot at home and get ready to relax and enjoy a story.

Fall Walk- Join us as we explore the beauty of autumn with a guided walk through the park, where little ones can enjoy nature's changing colours, collect fallen leaves, and engage in simple, age-appropriate nature activities. This program offers a wonderful opportunity for outdoor exploration and sensory experiences, all within a safe and welcoming environment for families. Located at Denison Park

#Circletime- Join us live on Facebook for a lively, interactive session designed to engage young minds in the joy of music and storytelling. Through age-appropriate songs and stories, children explore language development, coordination, and social interaction in a fun, stimulating environment.

York Region Public Health Nutrition Workshop: Feeding Young Children: Topics will include: age appropriate foods, tips for mealtime struggles, supporting and encouraging a positive relationship with food, snacking and reducing picky eating. Target age range 12 months to 3 years **Registration is required as spaces are limited.** Contact capcyorkregion@yorkchild.ca for more information.

Special Event: October 31, 2024 - Join us for a spooktacular Halloween Party. Dress up, enjoy trick-or-treating, and have a blast with festive games and activities.

Join our private Facebook group for virtual programs, by visiting:

<https://www.facebook.com/groups/markhamcapc>

