OCTOBER 2024

No program Monday October 14th - Thanksgiving

Monday	Tuesday	Wednesday	Thursday
Indoor Programs			
Play and Learn *9:30-11:30 AM* *Teston Village Public School* *Birth-6 years* *Unregistered*	**Oktoberfest** *9:30-11:30 AM* *Teston Village Public School* *Birth-6 years* *Unregistered* ***Closed October 29 for workshop*** **Play and Learn** *12:30-2:00 PM* *Discovery Public School* *Birth-6 years* *Unregistered* **York Region Public Health Nutrition Workshop: Feeding Young Children** WORKSHOP ***10:00-11:30 AM*** ***October 29, 2024*** *12 months-3 years* *Pre-registration required*	**Play and Learn** *9:30-11:30 AM* *Teston Village Public School* *Birth-6 years* *Unregistered* **Play and Learn** *12:30-2:00 PM* *Discovery Public School* *Birth-6 years* *Unregistered*	**Oktoberfest** *9:30-11:30 AM* *Teston Village Public School* *Birth-6 years* *unregistered*
Virtual Programs			

Program Descriptions

Play and Learn - The focus on this program is on supporting your child's learning through play. Each week includes an assortment of activities that encourage children to use their five senses and movement to explore and discover. Room 124 at Teston Village on scheduled days and Portable #1 at Discovery PS on scheduled days.

Oktoberfest-This program will celebrate the welcoming of Autumn through a celebration of colours and gratitude, all while exploring a variety of developmental activities . Room 124 at Teston Village on scheduled days and Portable #1 at Discovery PS on scheduled days.

York Region Public Health Nutrition Workshop: Feeding Young Children: Topics will include: age appropriate foods, tips for mealtime struggles, supporting and encouraging a positive relationship with food, snacking and reducing picky eating. Target age range 12 months to 3 years **Registration is required as spaces are limited.** **Contact capcyorkregion@yorkchild.ca for more information.**

Join our private Vaughan CAPC Facebook group for virtual programs, by visiting:
https://www.facebook.com/groups/vaughancapc

Public Health Agency of Canada
Agence de la santé publique du Canada

For more information or to determine eligibility for free transportation to a program:
Melanie Whittington, Project Facilitator. Mobile: (905) 806–1895 or Email: capcyorkregion@yorkchild.ca